

Support Resources for People Leaving Scientology

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

Therapist Finder – Michigan Psychological Association

Directory of Michigan therapists, including those specializing in trauma and cult recovery.

Website: <https://www.michiganpsychologicalassociation.org>

Dr. Linda M. Jackson, Ph.D.

Trauma and cult recovery therapist based in Detroit.

Website: <https://www.psychologytoday.com/us/therapists/linda-m-jackson-detroit-mi/321942>

Practical Local Support Services

Michigan 211

Connects residents with housing, shelter, food, healthcare, and mental health services.

Website: <https://www.mi211.org>

Phone: Dial 211

Michigan Human Trafficking Hotline

24/7 support for survivors of human trafficking.

Phone: 1-888-373-7888 (National Hotline)

Website: <https://humantraffickinghotline.org>

MDHHS – Michigan Food Assistance Program (FAP)

State SNAP program for food support.

Website: <https://www.michigan.gov/mdhhs>

Michigan Works!

Career centers offering training, job search help, and resume support.

Website: <https://www.michiganworks.org>

Detroit Rescue Mission Ministries

Shelter, food, job training, and addiction recovery services.

Website: <https://drmm.org>

Phone: (313) 993-4700

Gleaners Community Food Bank (Detroit area)

Regional food support provider.

Website: <https://www.gcfb.org>