

Support Resources for People Leaving Scientology

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

The Refuge Center for Counseling (Franklin, TN)

Offers affordable trauma counseling, including spiritual abuse recovery.

Website: <https://refugecenter.org>

NAMI Tennessee

Mental health support and local referrals for trauma-informed therapists.

Website: <https://www.namitn.org>

Phone: 1-800-467-3589

Practical Local Support Services

Tennessee 211

Connects to housing, food, healthcare, and shelters statewide.

Website: <https://tn211.myresourcedirectory.com>

Phone: Dial 211

Tennessee Human Trafficking Hotline

24/7 hotline for trafficking victims.

Phone: 1-855-558-6484

Website: <https://humantraffickinghotline.org>

Tennessee Department of Human Services (DHS)

Apply for food, TANF, and Medicaid benefits.

Website: <https://www.tn.gov/humanservices>

American Job Centers (TN)

Job listings, resume help, training resources.

Website: <https://www.tn.gov/workforce/jobseekers.html>

Room In The Inn (Nashville)

Shelter, meals, transitional housing.

Website: <https://www.roomintheinn.org>

Phone: (615) 251-7019

Mid-South Food Bank

Food support in western Tennessee.

Website: <https://www.midsouthfoodbank.org>

Tennessee Driving School Directory

Approved driving schools and license training.

Website: <https://www.tn.gov/safety/driver-services/drivingschools.html>