

Specialized Cult Exit and Trauma Support

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

TherapyRoute (Florida Network)

Directory of trauma-informed and cult-exit therapists across Florida.

Website: <https://www.therapyroute.com/therapists/us/florida>

Dr. Linda Housman, Psy.D.

Florida-based psychologist with experience in religious trauma, coercive control, and cult recovery.

Phone: (954) 893-7110

Practical Local Support Services

211 Florida

Free referral service for housing, food, health, crisis support, and shelters.

Website: <https://211.org>

Phone: Dial 211

Florida Coalition Against Human Trafficking

Hotline and support for human trafficking survivors.

Phone: 1-727-442-3064

Website: <http://www.fcaht.org>

Florida SNAP (Food Assistance)

Food assistance for low-income individuals and families.

Website:

<https://www.myflfamilies.com/services/public-assistance/supplemental-nutrition-assistance-program-snap>

CareerSource Florida

Statewide career help including job searches, resume help, training programs.

Website: <https://www.careersourceflorida.com>

Metropolitan Ministries (Tampa Area)

Shelter, food, job coaching, and case management services.

Website: <https://www.metromin.org>

Phone: (813) 209-1000

Camillus House (Miami Area)

Comprehensive services including housing, health care, and food for the homeless.

Website: <https://www.camillus.org>

Phone: (305) 374-1065

Feeding Florida

Food bank network covering all Florida counties.

Website: <https://www.feedingflorida.org>

Florida DMV Driving Schools Directory

Find approved, affordable driving schools by county.

Website: <https://www.flhsmv.gov/driver-licenses-id-cards/education-courses/driving-schools/>