

Specialized Cult Exit and Trauma Support

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

Chicago Trauma Collective

Network of therapists and counselors trained in trauma-informed care and religious abuse.

Website: <https://chicagotraumacollective.com>

Practical Local Support Services

Illinois 211

Statewide access to emergency shelter, food, healthcare, and job support.

Website: <https://www.illinois211.org>

Phone: Dial 211

Illinois Human Trafficking Hotline

24/7 local reporting and assistance.

Phone: 1-888-373-7888 (National Hotline)

Website: <https://humantraffickinghotline.org>

IDHS SNAP and Public Assistance

Apply for food, housing, healthcare, and more.

Website: <https://www.dhs.state.il.us/page.aspx?item=30357>

Illinois WorkNet Centers

Career help, resume support, skills training, job placement.

Website: <https://www.illinoisworknet.com>

Pacific Garden Mission (Chicago)

Emergency shelter, meals, job and spiritual counseling.

Website: <https://www.pgm.org>

Phone: (312) 429-6700

Greater Chicago Food Depository

Main food bank serving Chicago and surrounding areas.

Website: <https://www.chicagosfoodbank.org>

Illinois Driving School Directory

Driving education and licensing support.

Website: https://www.ilsos.gov/departments/drivers/driving_schools/home.html