

Support Resources for People Leaving Scientology

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

NYC Alliance Against Sexual Assault – Trauma Recovery

Counseling and trauma-informed therapy services for survivors of abuse and coercive control.

Website: <https://svfreenyc.org>

The Safe Horizon Counseling Center

Specialized therapy and support for survivors of cult abuse and trauma.

Website: <https://www.safehorizon.org>

Phone: 1-800-621-HOPE (4673)

Practical Local Support Services

New York 211

Access to food, housing, legal, shelter, and crisis support statewide.

Website: <https://211nys.org>

Phone: Dial 211

New York Human Trafficking Hotline

Help and reporting for trafficking victims.

Phone: 1-888-373-7888

Website: <https://humantraffickinghotline.org>

New York SNAP (Food Assistance)

Food benefits for eligible individuals and families.

Website: <https://otda.ny.gov/programs/snap/>

New York State Career Centers

Job search support, resume help, and training programs.

Website: <https://dol.ny.gov/career-centers>

The Bowery Mission (NYC)

Shelter, meals, and career services for those in need.

Website: <https://www.bowery.org>

Phone: (212) 226-6214

Food Bank for New York City

Provides meals and pantry assistance.

Website: <https://www.foodbanknyc.org>

New York DMV Driving Schools Directory

List of state-approved driving schools.

Website: <https://dmv.ny.gov/driver-training>