

Specialized Cult Exit and Trauma Support

Helping Survivors

Legal help and trauma-informed resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

Hawaii Psychological Association – Trauma Therapist Directory

Find local therapists experienced in trauma, religious abuse, and coercive control.

Website: <https://hawaiipsychology.org>

Practical Local Support Services

Aloha United Way 211

Comprehensive resource for food, shelter, crisis counseling, and housing.

Website: <https://www.auw211.org>

Phone: Dial 211

Hawaii Human Trafficking Hotline

Local help for trafficking survivors.

Phone: 1-888-373-7888 (National Hotline)

Website: <https://humantraffickinghotline.org>

Hawaii SNAP Benefits

Food assistance program for low-income residents.

Website: <https://humanservices.hawaii.gov/bessd/snap/>

WorkHawaii / One-Stop Career Centers

Job search, training, resume help, and employment programs.

Website: <https://www.honolulu.gov/dcs/workhawaii.html>

Institute for Human Services (IHS) Honolulu

Emergency shelter, transitional housing, meals, and employment help.

Website: <https://ihshawaii.org>

Phone: (808) 447-2800

Hawaii Foodbank

Statewide network of food banks and pantries.

Website: <https://hawaiifoodbank.org>

Hawaii Driving Schools Directory

Approved driving schools listed by the Hawaii Department of Transportation.

Website: <https://hidot.hawaii.gov/highways/library/driver-education-program/>