

Specialised Cult Exit and Trauma Support

Rachel Bernstein, LMFT

Therapist with over 20 years of experience. Weekly cult recovery support group in Encino, CA.

Website: <http://rachelbernsteintherapy.com>

Phone: (818) 907-0036

Dr. Natalie Feinblatt

Licensed clinical psychologist in Los Angeles. Specializes in cult recovery therapy.

Website: <https://drnataliefeinblatt.com/former-cult/>

Helping Survivors

Provides legal help and trauma resources for Scientology abuse survivors.

Website: <https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/>

Practical Local Support Services

These services are available to anyone in California and can support individuals leaving cults or abusive environments.

211 California

Free referral service for food, shelter, healthcare, and crisis support.

Website: <https://www.211ca.org>

Phone: Dial 211

CalFresh (Food Assistance) California's SNAP (EBT/food stamps) program.

Website: <https://www.getcalfresh.org>

California Human Trafficking Hotline

Report trafficking or get help.

Phone: 1-888-373-7888 (National Hotline)

LA Job Corps

Offers free education and vocational training for young adults including driving instruction.

Website: <https://www.jobcorps.gov>

LA Homeless Services Authority (LAHSA)

Shelter, housing, and outreach support in Los Angeles County.

Website: <https://www.lahsa.org>

Phone: (213) 683-3333

Covered California

Health insurance assistance for low-income residents.

Website: <https://www.coveredca.com>