# **Specialised Cult Exit and Trauma Support**

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## **Helping Survivors**

Legal help and trauma resources for Scientology abuse survivors.

Website: <a href="https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/">https://helpingsurvivors.org/clergy-sex-abuse/scientology-abuse/</a>

# **Practical Local Support Services**

#### 211 Connecticut

Referrals for housing, shelter, food, healthcare, and crisis support.

Website: <a href="https://www.211ct.org">https://www.211ct.org</a>

Phone: Dial 211

## **Community Renewal Team (CRT)**

Assistance with food, housing, shelter, energy, and job training.

Website: <a href="https://www.crtct.org">https://www.crtct.org</a>

#### **Connecticut Foodshare**

Statewide network of food banks and pantries.

Website: https://www.ctfoodshare.org

## **Connecticut Department of Labor**

Job search, unemployment support, workforce development.

Website: https://www.ctdol.state.ct.us

#### The Next Street

Affordable driving lessons with payment plans.

Website: <a href="https://www.thenextstreet.com/ct/driving-lessons/">https://www.thenextstreet.com/ct/driving-lessons/</a>

# **AAA Driving School Connecticut**

Driver education and licensing programs.

Website: https://www.aaa.com/drivingschool

# **Connecticut Human Trafficking Hotline**

24/7 reporting and assistance.

Phone: 1-888-373-7888 Text: HELP to 233733

Website: https://humantraffickinghotline.org